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Occupational Medicine

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December 14, 2004

Sir/Madam;

As a visiting house physician who oversee the activities of health workers at Father Hofstee Community Center in Tala Leprosarium located in Quezon City, 45 bronchial asthma patients who had a history of such disease were prescribed/advised to take Ecarma Herbal ImmunElixir Plus taken one (1) capsule three times a day after meals for (1) one week have claimed relief of their condition after a few days of intake. By physical examinations, signs like difficulty in breathing and wheezes have decreased Likewise, a decrease in the incidence of further exacerbations has been noted as claimed by these patients. These patients visits the community center regularly every Tuesday as follow-ups and this supplement are given free of charge as part of a commitment to this community. Tapering of their dosage to 1 to 2 capsules daily after meals was advised as maintenance to prevent further attacks.

Aside from this, other known asthmatic private patients (10 patients) were given the same supplement and dosage. They were relieved of their condition after a couple of days. Seven made their follow-ups regarding their condition and continues to take the herbal supplement as maintenance (as advised).

A number of patients from Fr. Hofstee Community center (45 patients) have responded positively wherein their condition improved. Likewise, seven (7) private patients showed considerable relief from their asthma. All patients are enjoined to make their subsequent visits regularly.

It is my conclusion that asthmatic patients have benefited greatly from Ecarma Herbal ImmunElixir Plus. Signs and symptoms (e.g. difficulty in breathing, wheezes) have been alleviated and further exacerbations have been minimized.

This certificate is issued for whatever purpose it may serve. Thank you very much.

Yours truly,



Joachim Clarence F. Nacu, MD.